

## Sport Scheme F.A.Q's

**What age does my child have to be to go swimming?**

To be able to go swimming within Sport Scheme children have to be aged 8 and over.

**Do they have to be able to swim?**

No they don't, but they would need to remain down the shallow end. If they are able to swim confidently in the deep end the lifeguard present will ask to watch them swim 2 lengths of the pool. A Sport Caerphilly coach will also be present.

**Do children have to go swimming? If not, what do they do during this time?**

No, children don't have to go if they don't want to. It is totally up to them. If they choose not to they will remain in the hall and take part in numerous sporting activities with the coaches and volunteers (N.B. At Heolddu this is not an option as the children go swimming at the end of the day 2pm – 3pm).

**What activities do you deliver?**

We deliver numerous sports throughout each day and week, everyday varies. Sports that may take place consist of Football, Rounders, Cricket, Netball, Badminton, Frisbee, Rugby, Basketball plus a few more.

**Do children need to bring money?**

It is totally up to you whether children come along to Sport Scheme with money. Each site does have vending machines where they can spend it,

but it is the responsibility of the children to look after money and any valuables they may bring. Not coaches/Site Leads.

## What do they need to wear?

Children would need to wear sporty clothes as they'll be taking part in activities throughout the day. They would also need to wear suitable footwear, e.g. trainers.

## Is lunch provided?

No, lunch is not provided unfortunately. Children would need to bring a packed lunch with them and plenty of drinks.

## What ages do you cater for?

The Sport Scheme caters for children between the ages of 7-12 years old.

## Do you accept childcare vouchers?

No unfortunately, we do not accept childcare vouchers as a form of payment for the Sport Scheme that we run.

## How do I know my child is safe?

Your child will be attending Sport Scheme with professional, fully qualified and DBS checked coaches. However, we do operate an 'Open' programme of activities. Staff are not permitted to leave site, neither can they force children to remain on site. In the event your child refuses to stay on site, you will be notified.

## What if my child has a medical condition?

If your child has a medical condition, please make staff aware beforehand. If you are concerned, contact us prior to discuss and we will

be able to help/accommodate. Parents will also need to complete a consent form prior to their first day of Sport Scheme starting, where information regarding medical conditions will be asked about.

## How much is it?

Sport Scheme costs £5.85 a day at Heolddu Leisure Centre (10am-2pm). At Caerphilly, Newbridge and Risca Sport Scheme costs £9.35 per day (9am-3pm).

## Who do I contact if I had an emergency?

In an emergency, if you contact the leisure centre reception. They will then come and tell the site lead at Sport Scheme who'll then be able to notify your child.